



New Beauty Oasis Training Academy.

After training within the industry for the last 15 years we are honoured to have become an accredited training centre for VTCT (the leading international awarding organisation for NVQ Beauty courses.) This allows us to train students up to a NVQ Level 3 in Beauty Therapy or Holistic Therapy. From short courses like Massage or Manicure to a whole NVQ 2 or 3 we can provide training to an exceptional industry standard with fully qualified industry experts.

Why choose Beauty Oasis Training Academy

Short flexible courses to suit you

Small class sizes . Industry standard training

Friendly experienced trainers and assessors

Courses available . Manicure . Pedicure

Indian Head Massage . Massage . Hot Stone therapy

See our website for an extensive list or call 01934 642299 and speak to Sarah for more details



Beauty Oasis On-site Massage Treatments

We have recently launched our onsite massage service where we can visit your place of work or group to provide fully clothed seated no oil massage on the shoulders head and neck.

Massage therapies have been shown to improve team morale and productivity, reduce sick days and even save on recruitment costs.

Our mobile and flexible massage service enables us to join your place of work or event for just two or three hours or deliver a comprehensive half or full day session.

Please call Sarah for more details on packages.

• **Adult or Children's**
• **Birthday Parties &**
• **Hen Party Packages**
• **from £15.00 per person**
• **Contact us for details.**

Weston-s-Mare Salon

345 Locking Rd, Weston-super-Mare, BS22 8NH

Tel 01934 642299

Winscombe Salon

14A Woodborough Rd, Winscombe, BS25 1AD

Tel 01934 843873

Clevedon Salon

12 Hill Rd, Clevedon, BS21 7NZ

Tel 01275 343647

Burnham Salon

7 High Street, Burnham on Sea, TA8 1NX

Tel 01278 789152

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beauty oasis weston

www.beautyoasisspa.co.uk



Hi Everyone,

Summer is here in between the raindrops! We have exciting news which is why this newsletter is a little delayed. We have just taken over our fourth salon, this one is in Burnham high street. So a huge welcome to our lovely new Burnham staff and clients and we look forward to working with you and treating you in the future.

For our new clients this newsletter is a way of communication with you all and letting you know about any special offers, new treatments and general information about the salon and staff. Beauty Oasis has been trading from 2000 and over the years has expanded due to our lovely staff, many of whom have been with us for over 10 years (and a few the whole 17!). We also run a very successful training academy. Look at our website for more information. beautyoasisspa.co.uk

Our newest salon is really busy so getting the Beauty Oasis image and treatments on-board will be a gradual process, but exciting times are ahead.

In this addition we are focusing on the summer holiday and getting ready, how to get the perfect tan, nails and New Nail Art.

With love Sarah

JULY

Apprentice Offer

Half price

on all manicure, pedicure and Gel polish applications



AUGUST

Foot ritual £27

Treat yourself to a relaxing cooling foot treatment to reduce puffy legs and swollen ankles, upgrade to a cooling foot mask. £37

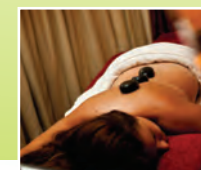


SEPTEMBER

Back Ritual £27

Back by popular demand, body brushing and a softening body massage with deep relaxation techniques.

Upgrade to hot stones for £37





Ingrown Hair Serum

From Outback Organics this will stop unsightly bumps and spots from waxing and shaving. It contains salicylic acid which removes the top layer of skin allowing the hair to push through instead of getting trapped in the hair follicle. In a handy roller ball applicator use it 10 days to 2 weeks after waxing to stop ingrown hairs. I also use it on spots as it reduces the redness really quickly but you will need to patch test it before use to make sure you are not allergic to it.

Price is £7.50 available in all our salons.



Spray Tanning Tips

OK so we all want a perfect seamless tan for the summer. More and more people are finding out the dangers of both sun and sunbed tanning now with the rise in skin cancers. Spray tanning is a healthy alternative. We often get asked if it is safe and if it streaks and if you can tan through it, so here are some pointers for you.

- ☀️ You can tan through a fake tan, but you will need to apply sun cream as normal, it does not protect you.
- ☀️ It will not go streaky in water or a pool unless you put it on then do not shower properly before you swim.
- ☀️ It will go patchy on dry skin. The way a tan works is that it changes the colour of the upper layers of the skin by bonding with the protein so making you change to a darker colour. If you have more layers of skin on an area it stands to reason the colour will look darker in that area, you must exfoliate well to remove these layers prior to a tan.
- ☀️ There are different strengths of tan so you can go darker; they work in percentages so 7% is a lighter colour and 11% is a darker colour; they just have more of the active ingredient in them which will create more bonds and more colour.
- ☀️ New types of tans will develop so you can wash them off when they reach the correct colour so it will get darker the longer you leave them on, great if you do not have much time or if you are unsure how dark you want to go. Then you are in control.
- ☀️ YOU MUST HAVE A PATCH TEST! All reactions to products are nasty, we are not being awkward asking you to come in for a patch test, if you react remember it will be all over your skin, that can be uncomfortable and sometimes dangerous.
- ☀️ Any fake tan will fade when exposed to high levels of chlorine, such as some pools or spa baths.
- ☀️ Our Fresh Indulgence tan will fade over time but the homecare products can make it last up to 2 weeks that's enough for most holidays.

Our Guide To Nails

The difference between Gel Nails, Gel polish and Acrylic Nails OK so hands up and 10 marks if you can tell me the difference between Gel polish, Gel nail extensions and Acrylic nails, not to mention Shellac, Gellish, Fiberglass Nails and Tips! It is all very confusing, so here is a guide to the different services.

Gel Polish

the newest kid to the block, Gel Polish treatments have soared in popularity in the last 4 years. Almost half of the nail treatments we carry out in the salons are now Gel Polish. Anyone who has been a client for a while knows we have had our fair share of different systems. Originally they were a hybrid of hard gel and varnish so they were easier to get off than a gel product and could be changed every 2 weeks, to be honest the first two systems we used were great at lasting but were difficult to get off and the result was dry slightly damaged nail beds which meant they could not be applied over and over again. That was until we brought in Shellac last year. This product revolutionised gel polish and is a true soak off product that you do not need to buff the nail before applying and pops off with remover like a dream with no damage, there can be a little drying on the nail plate if you are not oiling them every day but these truly are an amazing products.

Acrylic Nails.

Most people know someone with acrylics on, they look beautiful, go on quickly and are usually applied in nail salons dedicated to false nail systems who often use drills to file down the product. They are really hard wearing which also means they are also difficult to remove. Clients who have had these for a while generally present us with nails that are damaged and very poorly. We can help with our After Artificial Product from Naitiques but really the poorly nail needs to grow out which can take up to 6 months.

Gel Extensions

These are extensions with a tip then hard clear gel applied over the top, again very hard wearing, do not usually do as much damage to the natural nail but they need to be removed very carefully.

Please note, not all nail businesses take the same care and time as we do, please make sure your nail technician is fully qualified with a recognised qualification and has insurance.

Nail Art

BRIGHTEN UP YOUR HOLIDAY MANICURE



We have all had some training on nail art and have come up with some beautiful designs that are really simple to do. We can use glitter, gems, transfers, and stamping which is a clever way of stamping intricate designs on the nails.

All can be done with varnish and shellac except the chrome finish one which is just for shellac nails.

Prices from £3 up to £10 depending on the design.

NB this service MUST be booked in when you book your treatment.