



### New Beauty Oasis Training Academy.

After training within the industry for the last 15 years we are honoured to have become an accredited training centre for VTCT (the leading international awarding organisation for NVQ Beauty courses.) This allows us to train students up to a NVQ Level 3 in Beauty Therapy or Holistic Therapy. From short courses like Massage or Manicure to a whole NVQ 2 or 3 we can provide training to an exceptional industry standard with fully qualified industry experts.

#### Why choose Beauty Oasis Training Academy

- Short flexible courses to suit you
- Small class sizes . Industry standard training
- Friendly experienced trainers and assessors
- Courses available . Manicure . Pedicure
- Indian Head Massage . Massage . Hot Stone therapy

See our website for an extensive list or call 01934 642299 and speak to Sarah for more details



### Beauty Oasis On-site Massage Treatments

We have recently launched our onsite massage service where we can visit your place of work or group to provide fully clothed seated no oil massage on the shoulders head and neck.

Massage therapies have been shown to improve team morale and productivity, reduce sick days and even save on recruitment costs.

Our mobile and flexible massage service enables us to join your place of work or event for just two or three hours or deliver a comprehensive half or full day session.

Please call Sarah for more details on packages.

• **Adult or Children's** •  
 • **Birthday Parties &** •  
 • **Hen Party Packages** •  
 • **from £15.00 per person** •  
 • **Contact us for details.** •

Like us on Facebook



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Follow us on Twitter



@beautyoasispa



beauty oasis weston

**Weston-s-Mare Salon**  
345 Locking Rd, Weston-super-Mare, BS22 8NH  
Tel 01934 642299

**Winscombe Salon**  
14A Woodborough Rd, Winscombe, BS25 1AD  
Tel 01934 843873

**Clevedon Salon**  
12 Hill Rd, Clevedon, BS217NZ  
Tel 01275 343647

**Burnham Salon**  
7 High Street, Burnham on Sea, TA8 1NX  
Tel 01278 789152



Hi Everyone,

All the salons are really busy through the summer and its lovely to see so many of you pre special occasions like holidays and weddings.

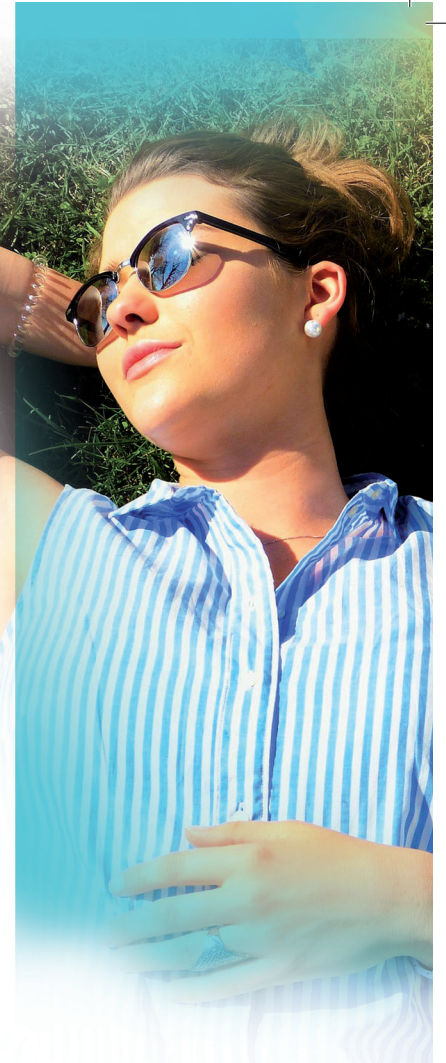
Whilst we are busy please do not despair if you struggle to get an appointment with us, if you can, try and plan and book ahead but also remember we have our lovely apprentices in each salon who can offer treatments at a reduced rate. Call each salon to ask what is available. By now all the girls have been working in the salons for at least a year so their treatments are really good but they may be a little slower than the qualified therapists. There is their price list below with a list of all the salon numbers.

Our skin republic masks are flying out of the salons so we have a little bit of information about them inside. Look out for them in reception. They are amazing and really effective.

Also remember safe tanning, our guide inside helps to keep you safe in the sun.

Looking forward to seeing you all soon.

With love Sarah



### Apprentice Price Guide

- Manicure From £17
- Pedicure From £17
- Facials From £35
- Leg waxing From £8.50
- Tinting From £6
- Eyebrow shaping From £6



Each salon may vary so call and ask for details.

- Weston Salon 01934 642299
- Winscombe Salon 01934 843873
- Clevedon Salon 01275 343647
- Burnham Salon 01278 789152

www.beautyoasispa.co.uk



## Waxing for stubble free skin!

Why not try waxing to a have hair free body this year on holiday.

Waxing removes the hair from the root allowing it to fully grow back which takes from 6-12 weeks. You will need a couple of waxes to get all the hairs into the same growth system so wax 4 weeks before your holiday and then again just before you go for the best results.

Ask one of our therapists for a patch test if you want to see what it is like!

## Waxing Tips

1

The hair needs to be between 2-3 cm long so at least 2-3 weeks of growth.

2

Do not moisturise on the morning of your appointment.

3

Use a moisturiser and exfoliate between waxing treatments to reduce ingrown hairs.

## About Skin Republic

Skin Republic is a multiple award-winning skin care range combining the latest advances in skin care with nature's restorative properties to create sheet masks for you. Scientifically formulated and dermatologist tested, Skin Republic's range of products focuses on skin care for the face, under eyes, neck, hands and feet. Concentrated nutrient rich ingredients nourish, rejuvenate and hydrate your skin helping you to maintain a healthy-looking glow.

Skin Republic sheet masks are developed in South Korea, dubbed by industry experts as the world new skin care super power.

The range is cruelty free and not tested on animals.

### Skin Republic Sheet Mask Innovation

Skin Republic sheet masks have been formulated by dermatologists in South Korea to target skin concerns from aging, loss of firmness, uneven skin tone and problem skin.

The Skin Republic sheet mask acts as a 'second skin'. Scientists have developed a Transdermal Delivery System, when applied to the skin, the sheet mask allows the serum to absorb into the skin more efficiently than traditional masks and creams.

This helps the skin absorb the serum faster and more efficiently than traditional masks and creams. Equally, the masks ingredients are evenly distributed onto the sheet mask to ensure that every part of the skin receives an equal application of the serum.

### All your skin concerns covered

The Skin Republic sheet masks are incredibly effective in delivering nutrients to the skin. The range of sheet face masks are infused with concentrated serum's targeting primary skin concerns: anti-aging, firming and lifting, regenerating and revitalizing, brightening, repairing and restoring, cleansing and pore refining.

Find these in all our salons prices range from £6.95 to £13.95



## Sun Safety

Most of us know by now that the sun is not only really beneficial but also can cause problems such as premature ageing, wrinkles and of course skin cancer.

Skin tans when cells just below the surface, called melanocytes, are exposed to ultraviolet (UV) light and produce melanin, a pigment that darkens skin. Melanin absorbs UV light and helps protect the skin from burning. But too much UV light may do serious damage.

UV light penetrates deeply and may cause premature aging of the skin, eye damage and harm to the DNA of skin cells that may lead to basal cell or squamous cell carcinomas, the two

most common types of skin cells. Worse,

damaged melanocytes may develop into melanoma, which accounts for 2 percent of all skin cancers, but more than 90 percent of skin cancer deaths.

### Use Fake Tanning For Safe Colour

Our St Tropez tanning products will give you a streak free finish. We offer a range of colours from the lightest glow to the darkest tan.

#### Our Salon treatments

Spray tanning £25 lasts up to a week if you prep and look after the skin correctly.

Hand applied tan, a relaxing exfoliation and then massage with a tanning product £47.

#### Homecare products

Gradual tan £14.50 an easily applied cream with a little tanning product in it to build up a tan over a period of time with a streak free finish.

Bronzing mousses from £31 a range of colours for anyone who is confident with tanning.

Tinted moisturiser 4 in one gradual tan for the face, a wonderful product, easy to use with a moisturiser, primer, gradual tan and tinted moisturiser for an easy tanning experience on your face with no patches.



## Sun Safe Tips

Stay out of the sun between 11am and 3pm, the sun is higher in the sky so you will get more direct rays on your skin during this time. Use a hat or keep in the shade.

Make sure you use an SPF of 30 + if you are going to be outside for more than 20 mins even in the UK. Factor 50 should be used on the face.

Don't burn! Sunburn has been linked to melanoma.

Use sunscreen even on cloudy days, you still are getting UV rays even through cloud.

